



SIX STEPS *to* Mending Hearts & Making Room

“That their hearts might be comforted, being knit, together in love...” Colossians 2:2

Emigration Stake Women’s Conference

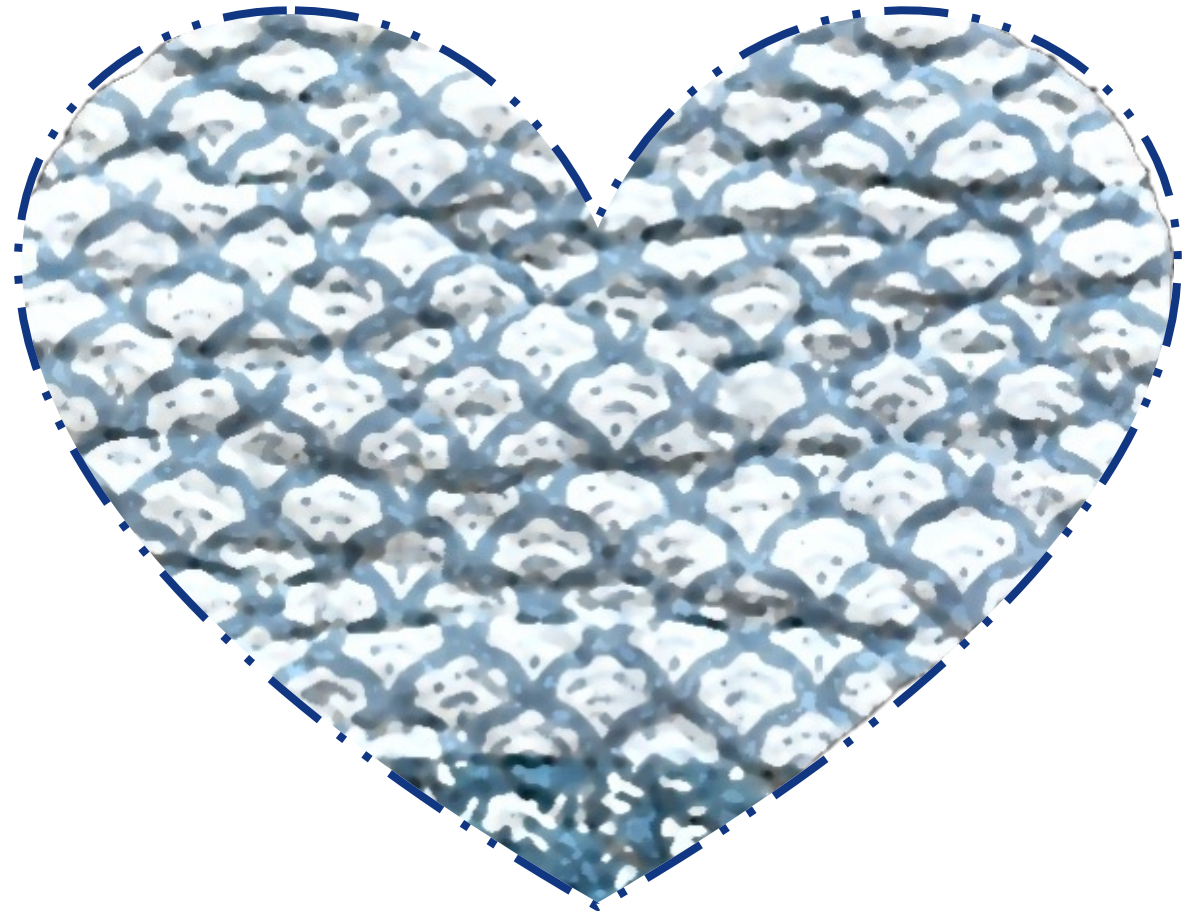


Listen to the whisperings of the Spirit, the gift of revelation to which you are entitled.


— *Gordon B. Hinckley* —

Step 1

Repent





A close-up portrait of President Russell M. Nelson, an elderly man with white hair and a friendly smile, wearing a dark blue suit, white shirt, and blue patterned tie. The background is a solid dark blue.

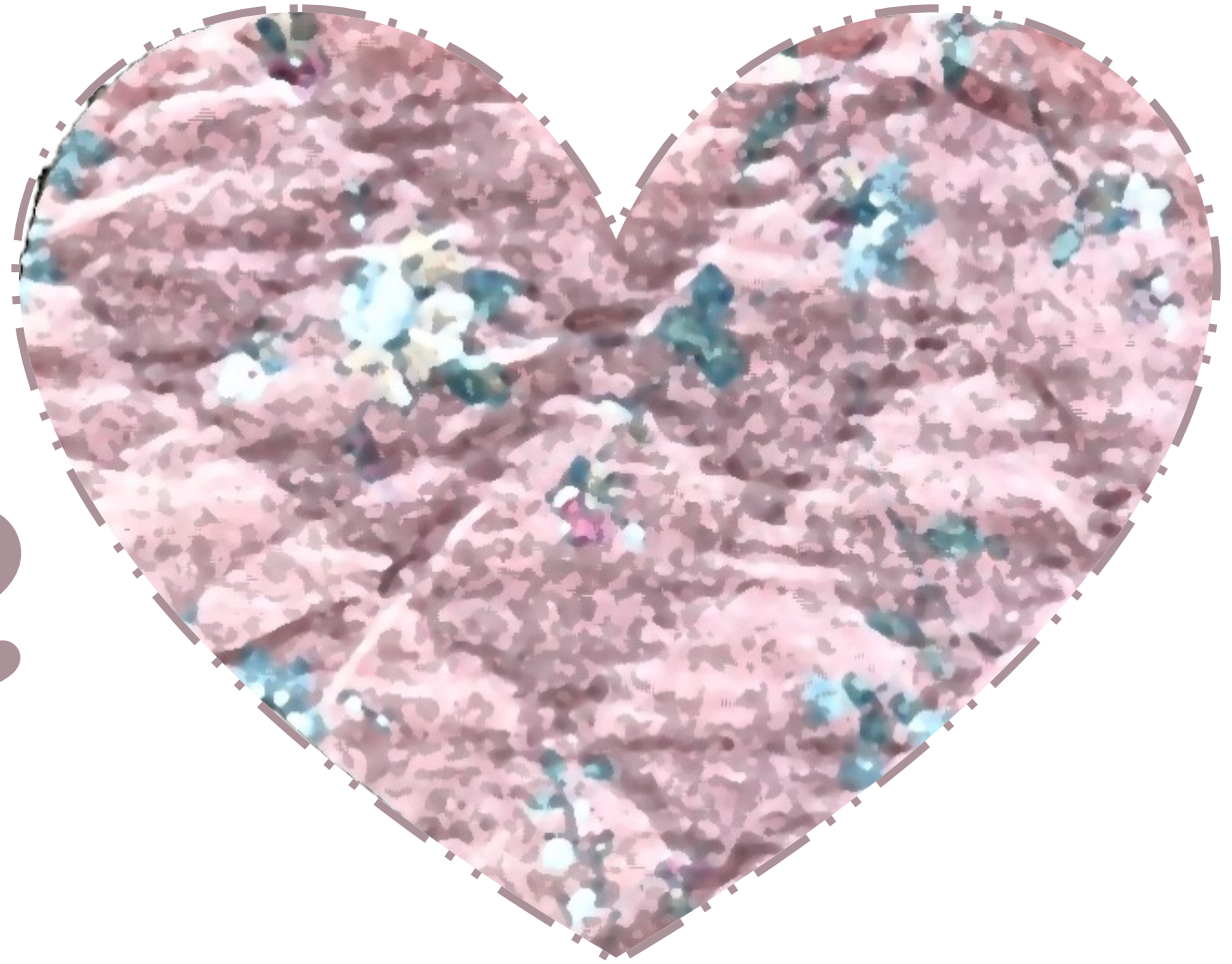
“The Lord does not expect perfection from us at this point in our eternal progression. But He does expect us to become increasingly pure. Daily repentance is the pathway to purity, and *purity brings power.*”

President Russell M. Nelson

We Can Do Better and Be Better, April 2019

Step 2

Forgive





“My call today, dear brothers and sisters, is to end conflicts that are raging in *your* heart, *your* home, and *your* life... Two weeks from today we celebrate Easter. Between now and then, I invite you to seek an end to a personal conflict that has weighed you down. Could there be a more fitting act of gratitude to Jesus Christ for His Atonement?”

President Russell M. Nelson

The Power of Spiritual Momentum, April 2022

Step 3
Let
Others
Grow



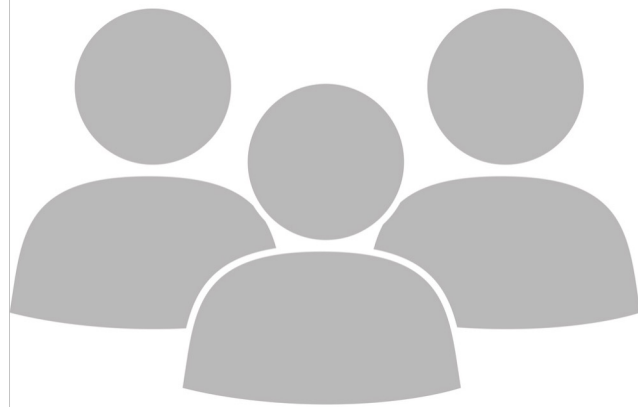


Everyone you meet can be divided into
just two categories...



The people you love...

and the people you
don't understand.



Step 4

Create Belonging

“There is no influence without access”



“He entreats us to make His Inn a place of grace and space, where each can gather, with room for all. As disciples of Jesus Christ, all are equal, with no second-class groups... We rejoice that God loves His children in our different backgrounds and circumstances, in every nation, kindred, and tongue, with ***room for all*** in His Inn.”

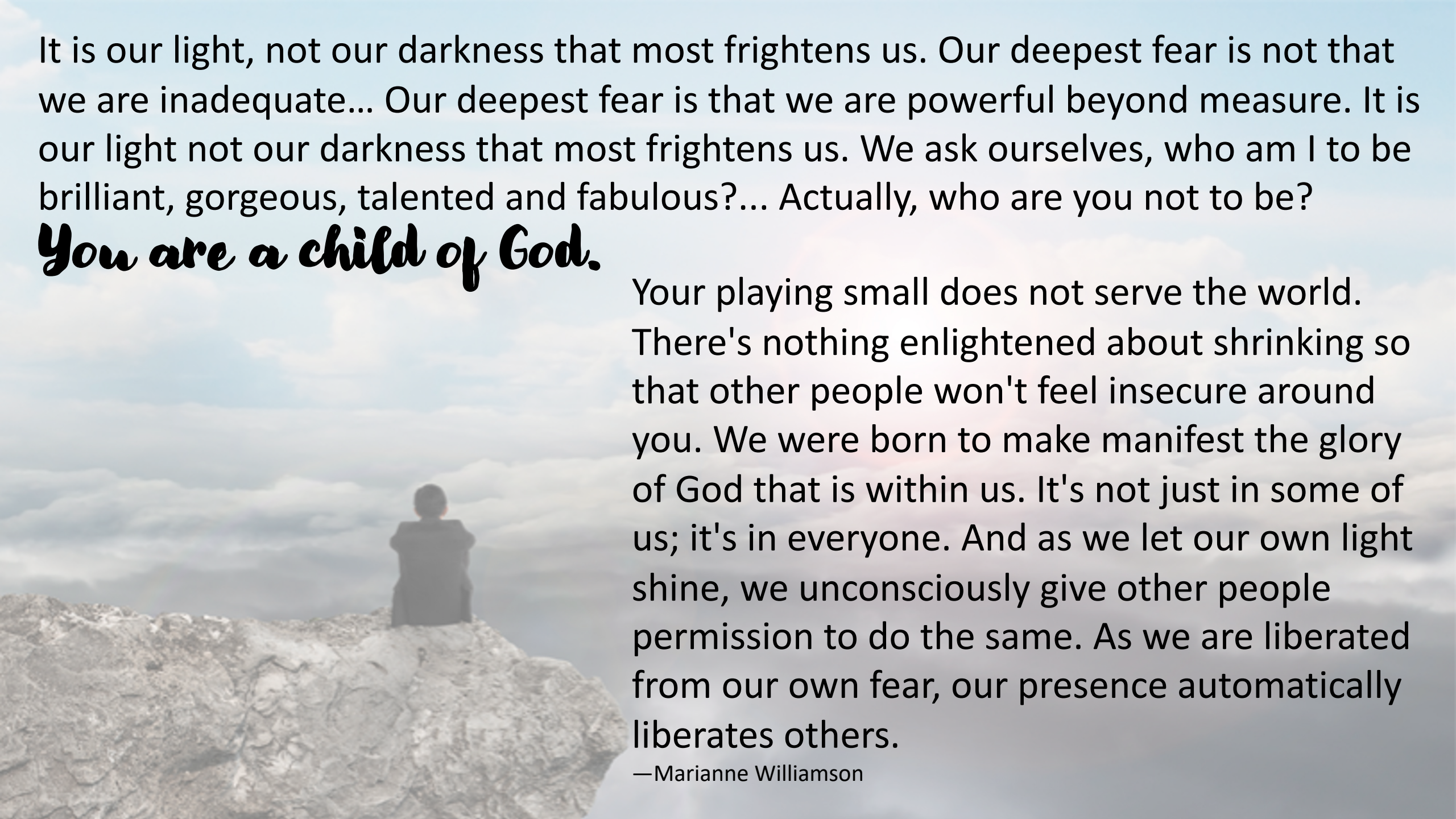
Elder Gerrit W. Gong
Room in the Inn, April 2021



Step 5

BE YOU



A person is sitting on a large, light-colored rock in the foreground, looking out towards a vast, cloudy sky. The person is seen from behind, and their silhouette is dark against the lighter background. The sky is filled with soft, white clouds, and the overall tone is serene and contemplative.

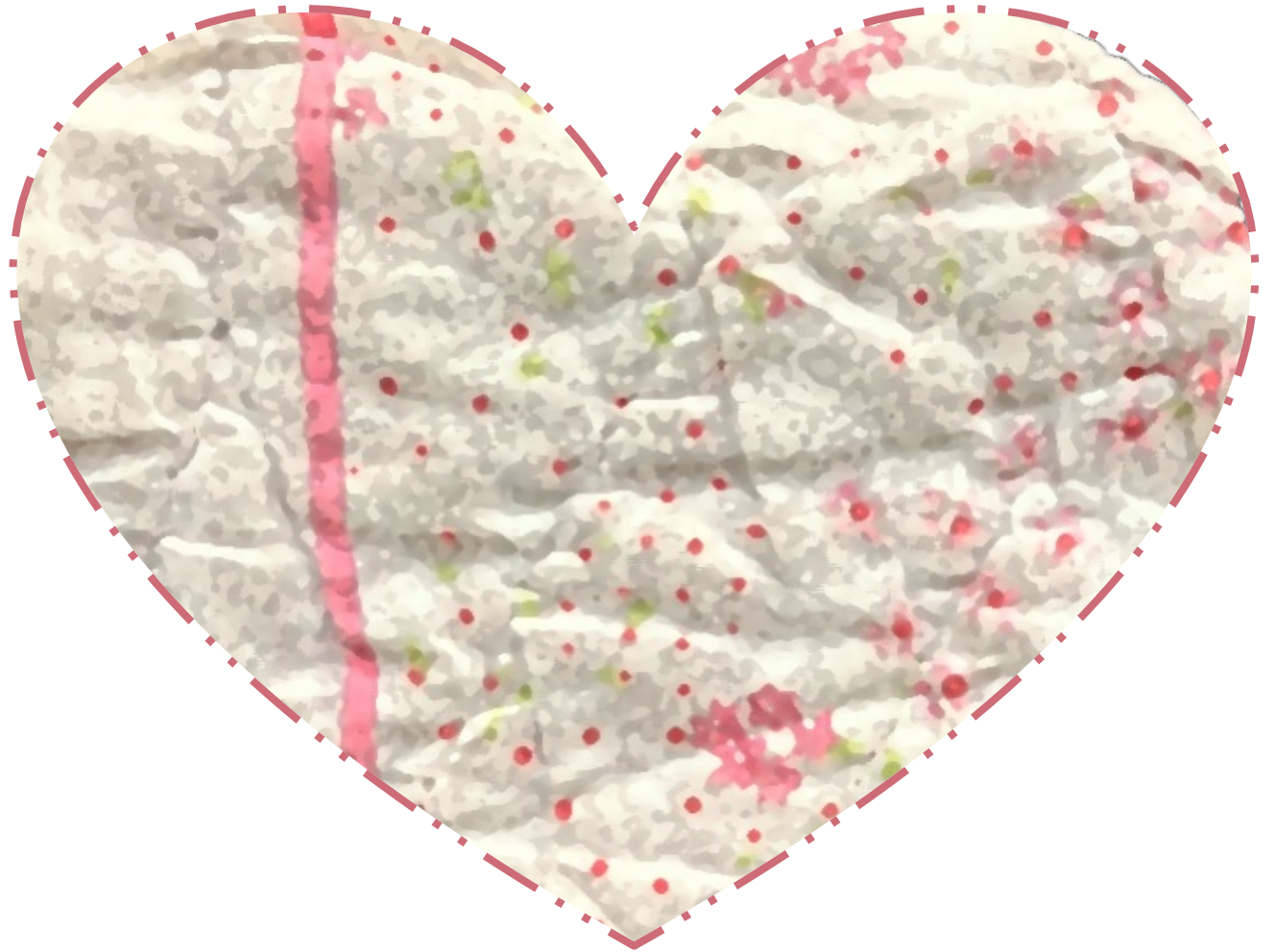
It is our light, not our darkness that most frightens us. Our deepest fear is not that we are inadequate... Our deepest fear is that we are powerful beyond measure. It is our light not our darkness that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous?... Actually, who are you not to be?

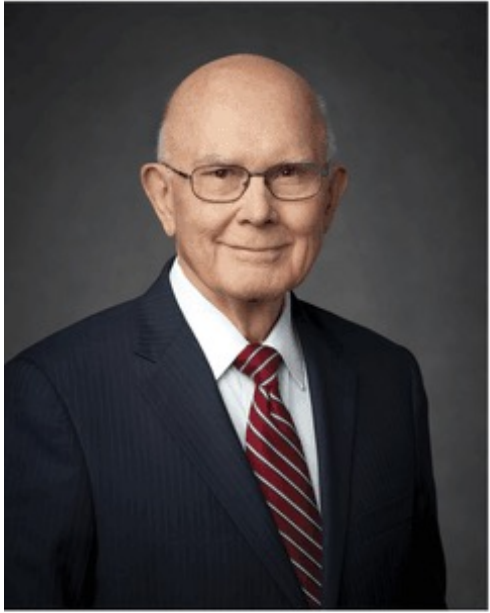
You are a child of God.

Your playing small does not serve the world. There's nothing enlightened about shrinking so that other people won't feel insecure around you. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.

—Marianne Williamson

Step 6
love like
HIM





“My two noble counselors, President Dallin H. Oaks and President Henry B. Eyring, are exemplary in the way they express their feelings—especially when they may differ. They do so with pure love for each other. Neither suggests that he knows best and therefore must rigorously defend his position. Neither evidences the need to compete with the other...

Charity propels us ‘to bear one another’s burdens’ rather than heap burdens upon each other. The pure love of Christ allows us ‘to stand as witnesses of God at all times and in all things’—*especially* in tense situations. Charity allows us to demonstrate how men and women of Christ speak and act—*especially* when under fire.”



President Russell M. Nelson
Peacemakers Needed, April 2023